



# Asking for help can be scary. Our expert mental health care isn't.

No Claims/Copays | Nationwide Coverage | Clinical Coordination | Provider Matching



1 in 4 U.S. adults have experienced a mental health condition in the past year

When it comes to your mental health, you need someone who understands the way forward.

## Service Highlights

- ✓ **In-the-moment Support**  
When you're struggling, every second counts. Access mental health support 24/7
- ✓ **Master's Level Clinicians**  
When you call, you are connected with a master's level clinician to support you
- ✓ **Regular Check-ins**  
Stay on track with regular follow-ups and check-ins to keep making goal progress
- ✓ **Safe Space**  
Your mental health is personal and we keep it that way. Access confidential care anytime.



**revive**  
your health