

BIOMETRIC SCREENING EXPERIENCE

January 2025



RESERVE YOUR SPOT

Verify Your Account



1. Scan the QR code or visit <https://portal.ramphealth.com/#verifyMember> to verify your account. If you received an email invite to Healthy Ways, you can also verify using that email.
2. Enter your information to complete the verification process.
3. Once verified, log into <https://portal.healthyways.com/> or the Ramp Health app to begin using the platform.

Take The HRA

Complete the Living Risk Assessment in the platform to start seeing personalized results in your health risk profile.

Schedule Your Screening

Click on the Biometric Screening card or Calendar to schedule your screening time.



Monday, January 13, 2025
3PM-7PM

Member ID is your Prescription ID Number.
If you are a spouse; it is the employees RX ID number with a -1.
If you are a dependent, it is the employees RX ID with a -2, -3 or -4.

Your convenient access to meaningful health insights and personalized support.

- Establish an accurate health baseline by participating in height, weight, and blood pressure measurements combined with a simple blood test for cholesterol and glucose.
- Identify any risk factors for future health issues and learn what behaviors are in your control that lead to or reduce any health risks.



QUESTIONS? Contact support@RampHealth.com or 833-856-2317 for assistance.